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SAI DATTA MANDIR INC.,
[A501(C)3 Non-Profit Organization, Fed ID#46-0599196]

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SAI DATTA PEETHAM & CULTURAL CENTER
SRI SHIVA VISHNU TEMPLE NJ

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<https://www.saidattanj.org>

LUNAR ECLIPSE

Tuesday March 3rd, 2026

Eclipse Begins 3:44 AM - Ends 6:28 AM

Temple will open on Tuesday at 9:00 AM EST

Religious Observance

As per Hindu scriptures:

- The eclipse time is called as 'Punya Kaala' (most sacred time).
- Any 'daana' or 'Punya - Karma' done with full faith during eclipse yields immense 'Phala'.
- Snaana (Bath) is suggested at the beginning and end of the eclipse. During the eclipse chanting of Mantra Japam and after eclipse Tarpanam suggested.
- Fasting is suggested during the eclipse.

GrahaNa Dosha (astrological effect of the eclipse) :

- This eclipse will take place in Poorva Phalguni, Magha & Uttara Phalguni Nakshatras will also be affected.
- People who are born in Simha & Kanya Rashi and live in eclipse visible area are required to do remedies.
- GrahaNa Dosha is just indicating the 'karma' of our previous lives and insisting us to do more Punya to avoid the negative effect.

Dosha Parihaara (Remedies):

- Visiting the temple after eclipse and perform Navagraha Puja.
- Chanting Navagraha Stotram.
- Daanam of Rice or Horse gram to a Vedic priest.
- Rudrabhishekam.
- Shiva Panchakshari or Narayana Mantra Japam during eclipse.

For more details please contact

Raghusarma Sankaramanchi 516-359-8178

Temple Front Desk at 732-809-1200, 732-662-3250, 3251, 3252

For LIVE Programs

<https://facebook.com/saidattanj>



<https://youtube.com/user/saidattapeetham>

